



**West Hudson Psychiatric Society**  
of the American Psychiatric Association  
*serving Rockland, Orange, Sullivan & Delaware Counties*



P.O. Box 741  
Pomona, N.Y. 10970-0741  
Tel/Fax: (845) 638-6992  
[www.rfmh.org/whps](http://www.rfmh.org/whps)

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The address above has been changed to  
**10 Flitt Street, West Nyack, NY 10994**  
[westhudsonpsych@gmail.com](mailto:westhudsonpsych@gmail.com)  
[WestHudsonPsych.org](http://WestHudsonPsych.org)

# eSynapse

June 2014

## Editor's Comments

James Flax, MD, MPH, DFAPA

**“THANK YOU”** to all those who have contributed to this issue of eSynapse! Please scroll through everything below as there are many items you will find interesting and useful throughout.

You will find a synopsis of our meetings, events and NYSPA meetings so all readers will have an idea of district branch business. But, it's only a synopsis. You have **got to come** to a meeting to appreciate the rich discussions. Dr. Abdullah has again sent us a new article in his long line of erudite essays. There are ads that may interest you. Please scroll all the way to the end to see it all. And, if you are not receiving the MSSNY eNews, here's a link where you can read about issues of interest to all of medicine in New York State: <http://www.mssny.org>.

**WEB SITE** Your district branch is in the process of improving it's website. If you have expertise or ideas about web page design, please chime in. You can see the existing “under construction” site at [WestHudsonPsych.org](http://WestHudsonPsych.org). I recently created a website for my private practice. [JamesFlaxPsychiatry.com](http://JamesFlaxPsychiatry.com). I learned a great deal in preparing a concise presentation of what I do professionally. If anyone wants advice on how one can create their own (simple) website, I'm happy to discuss it. 845-362-2557 or [DrFlax@aol.com](mailto:DrFlax@aol.com).

**PRIVATE PRACTICE: FEES** Here is a link to a legal public site where you can look up fees for a given zipcode. <http://www.fairhealthconsumer.org/>

**PRIOR AUTHORIZATIONS** If you are frequently bothered with cumbersome and seemingly unnecessary requests for prior authorizations, the APA is eager to hear from you: Ellen Jaffe , Director, Practice Management HelpLine/Medicare Specialist, Office of Healthcare Systems and Financing, American Psychiatric Association, (703) 907-8591 [ejaffe@psych.org](mailto:ejaffe@psych.org) Practice Management HelpLine (800-343-4671), email at [hsf@psych.org](mailto:hsf@psych.org) .

**LIST-SERV** I have written in previous issues about the creation of a **list-serv** where a member can notify the entire list of a patient needing care, their requirements (location, insurance, expertise, etc) and any one who is a member of the list can reply (on or off list) if they have an opening. Before his death this past fall, Ivan Goldberg, MD (of Psycho-Pharm listserv fame) graciously agreed to host this list at Psycho-pharm.com and we are going to try it out but need enough of our clinicians (private practice and clinics) to participate to make it work. This list-serv could work for other communication as well. So far 15 have indicated an interest. We don't have a "critical mass" for this list-serv to work well. If you want to be included in this listserv and keep this project alive, please email me at [drflax@aol.com](mailto:drflax@aol.com).

### **IT'S A FREE LUNCH!**

**Next Executive Council Meeting**  
**Il Fresco Restaurant, Orangeburg, NY**  
**Journal Club (15 minutes) PROMPTLY at 12 Noon**  
**Followed immediately by Business Agenda**  
**Friday, June 20<sup>th</sup> @ 12 Noon at Il Fresco in Orangeburg, NY.**

Please contact Dr. Russell Tobe, MD ([rtobe@NKI.RFMH.org](mailto:rtobe@NKI.RFMH.org)) (845) 398-6556 if you are planning to attend.

### **SAVE THE DATE**

**West Hudson Psychiatric Society Fall Educational Dinner Meeting**  
Friday, October 17, 2014 at 6pm  
La Terrazza Restaurant, New City  
Speaker: Pat Bloom, MD  
Topic: Mindfulness Meditation

#### Meeting Objectives:

1. Understand the physiology of stress.
2. Discuss the impact of stress on physical and mental diseases.
3. Understand the evidence for the role of mindfulness in treating conditions relevant to psychiatry including depression, memory loss, chronic pain, agitation and PTSD.

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If you speak to your colleagues who are not members of the APA, remind them to become members. If members, tell them you've received your eSynapse and ask if they received theirs. If not, tell them to email Liz Burnich at [westhudsonpsych@gmail.com](mailto:westhudsonpsych@gmail.com) with their email address so they can be added to the list.

While some have indicated it is too costly to join the APA, the link below will remind you of the many benefits. The West Hudson Psychiatric Society Membership is one of the least costly in the nation and we hope to keep it that way. The benefits are numerous.

<http://www.psychiatry.org/join-participate/member-benefits>

## **PRESIDENT'S COLUMN**

Russell Tobe MD ([russell.tobe@gmail.com](mailto:russell.tobe@gmail.com))

Dear West Hudson Psychiatric Society (WHPS) membership, colleagues, and friends:

For those of you who were eagerly awaiting the statements of Nigel Bark and Bert Pepper, sadly, you are stuck with me for one Synapse cycle. We will consider this an intermission between acts. The plan will be for Dr. Bark to pick up part two of the County mental health changes during the next Synapse. As outlined prior, Dr. Bark will be submitting a position statement for the branch with respect to these changes while we hope Dr. Pepper will build upon some of Dr. Flax's statements made in the last Synapse cycle. I am most appreciative of Dr. Flax's contributions in the prior edition and the future contributions of Drs. Bark and Pepper. Given the scope of Dr. Pepper's contribution to the care of the mentally ill in Rockland County and the country, the programs that he developed and then observed revised, be crunched, and eliminated; Dr. Pepper's contribution to this multi-part editorial may come later.

When I first came to Rockland County exactly 3 years ago to take over the Outpatient Research Department (OPRD) at the Nathan Kline Institute (NKI), one responsibility included revision and oversight of our Pediatric Evaluation Service. It is a small, bare-bones service where a child and family typically meet with me and a fellow, undergo a semi-structured evaluation, and get some verbal and ultimately written feedback. The family does not pay and we do not accept insurance, so I consider it a good deal. The mission, as I have developed it, has been three fold: (1) to present children, adolescents, and their families with research opportunities, if eligible; (2) to provide access to structured DSM-based research evaluations with diagnostic feedback; and (3) to utilize this service as a training opportunity for New York University child and adolescent psychiatry fellows.

While I take pride in the service, including what it has provided our community, the teaching that has been done, and the links to research-based programs that have been made; the evolution of utilization of this service within our community has been profound and intimately tied to much of what Dr. Flax discussed and, I assume, Drs. Pepper and Bark will discuss. We have seen a waitlist increase from 2 weeks in 2011 to 6 months in 2014. The severity of symptoms (both current and past) amongst those referred as far as psychosis, suicidality, violence, hospitalizations, complex diagnoses, pharmacologic management, and intensive psychotherapeutic service needs has jumped. So what are the explanations? There is probably a combination of factors including increasing word of mouth, appreciation for the quality of the service provided, and shrinking community services. However, it seems increasingly clear that the safety net present in our county (albeit tattered and worn upon my arrival) is apparently removed.

Of course, in the absence of a system that is adequate, a community will look to anything that can potentially fill the role. Interestingly, the NKI OPRD has become part of this solution (erroneously, of course) in the eyes of our local schools and pediatricians who have limited recommendations on pathways to evaluation and treatment for our insured Rockland County families, unable to pay out of pocket. Even our County mental health agency and major clinics (one of which is no longer providing pediatric psychopharmacology services) that typically accept insurance have begun referring cases out. The problem for our evaluation-only service is two-fold: only a few (maybe one out of 10 or 20 referrals) qualify for treatment within the context of a set research protocol and, if they don't qualify, to where am I supposed to refer? There is nothing more challenging than to sit with a parent needing help for their child who is unable to obtain it. While I am on the outside only experiencing the downstream effects of a complex process, I wonder if our remaining infrastructure (notably county mental health) is frozen in accepting new clients and maintaining current ones given uncertainty regarding the outpatient services transition plan with the county. It is my sincerest hope that whatever

problems are at play, they are addressed so that programs can grow within our area to levels adequate to service the community. I guess time will tell.

In other news for WHPS, we were most thankful to Ann Sullivan, MD who delivered a wonderful presentation at our last dinner meeting. It may have been cruel and unusual punishment to have the NYS Commissioner present in the context of the most significant mental health transitions in our area in recent history, but she was gracious and thoughtful, as always. Pat Bloom, MD will be speaking at our next educational event about Mindfulness Meditation, while APA President Paul Summergrad has agreed to speak at our Spring 2015 meeting (April 24, 2015), topic to be decided. Please stay connected and relay feedback about or ideas for branch activity to me.

## **Summary from Executive Council Meeting Friday, May 16, 2013**

**Attendees Present:** Russ Tobe, Raj Mehta, Jim Flax, Dom Ferro, Lois Kroplick, Nigel Bark, John Fogelman, Nnamdi Maduekwe, Liz Burnich and guest, a Gero Psychiatry Fellow from Columbia.

**Journal Club** – Dr. Nigel Bark presented some interesting articles on studies about psychosis and not taking anti-psychotics.

**Spring Educational Meeting** – We had a successful Dinner Meeting on Friday, April 25<sup>th</sup> with speaker Dr. Ann Sullivan, the OMH Commissioner on the topic of Healthcare Reform & The Transformation of the New York State Mental Health System with 28 attendees.

### **President's Business Items –**

- Dr. Lois Kroplick will be representing our district branch at the APA's Train the Trainers workshop on Healthcare Reform and Integrated Care in Chicago in June.
- A committee was formed to nominate our next President-Elect (for May 2015) and discuss future leadership roles for our district branch. The committee members are Russ Tobe, Mona Begum and Jim Flax.
- The APA is awarding all district branches an Expedited Grant for this year. It was decided that we will use the grant dollars for an Integrated Care Initiative. Liz will submit the grant application and provide support for the use of funds from our 2013 Expedited Grant Award by the June 2<sup>nd</sup> deadline.
- The APA will also award Innovative Grants for next year. There will be 3 grants; \$5,000, \$10,000 and \$15,000. The programs must be truly innovative and beneficial for all district branches. For example, this year, one district branch received a grant award to develop a smart-phone app that can be used by all APA members. We mulled over a few ideas. The deadline for this grant application is the end of July.

**Fall 2014 Educational Meeting** – Dr. Jim Flax's friend Pat Bloom will be the speaker of our Fall Dinner Meeting on the topic of Mindfulness Meditation on Friday October 17. Liz will book La Terrazza and Jim will provide contact information for Pat so that we can prepare the CME requirements.

**Additional Educational Meetings** – Russ will inquire if Dr. Paul Summergrad will be interested in presenting at our Spring 2015 Educational Meeting. Another possible speaker that we discussed for our spring meeting if Dr. Summergrad is not available

would be Dr. Renee Binder.

### **Mental Health Coalition Update – from Dr. Lois Kroplick**

- NAMI Walk will take place in Westchester on May 17.
- It was agreed that we will continue with our usual yearly donation to NAMI for their annual awards dinner. Lois will provide Liz with details on where to send it.
- The NAMI Annual Awards Dinner will take place on June 18 at the Rockleigh Country Club. Honorees include the Nathan Kline Institute, Honorable John Murphy and Elliot Eichler.
- The Coalition is continuing to work with NAMI on collaborative school programs for teachers, staff and parents.
- The Public Forum will take place on Oct 22 on the topic of Schizophrenia at Rockland Community College.

**Women’s Group –** The Women’s Group continues to meet every month with approximately 12 attendees.

**WHPS Website –** Dr. John Fogelman presented a mock-up design for the website that was discussed. Russ will provide some ideas to John and Jim will pass this design by his friend for some feedback. Once the overall design is agreed upon, we can present it to our web builder.

**APA Annual Meeting –** Liz gave a brief update on the various meetings she attended at the Annual Meeting; the President/President-Elect meeting, the Executive Director workshop, the Membership Committee meeting and the Ethics Workshop.

**Private Practice –** Dr. Jim Flax reports that we continue to get approximately 3-4 calls per week on our referral line. Our contract with SuperMedia (for advertising in the Rockland and Orange Yellow Pages) is up for renewal and after some discussion, it was decided that we would not renew it. Liz will cancel the contract.

**Next Executive Council Meeting -** Friday, June 20, 2014 at 12 noon at Il Fresco, Orangeburg, NY.

## **HYPNOSIS COMEDY SHOW**

Lois Kroplick, DO, DFAPA

On April 25, 2014 the Mental Health Coalition held a fundraising event - Hypnosis Comedy Show at North Rockland High School in Thiells, NY.

Craig Caliciotti, a certified hypnotherapist, performed a stage hypnosis show that combined improvisation with polished routines and music that kept the show flowing from the beginning to the end. There were over 100 people in the audience. The show was described as being powerfully funny, entertaining and inspiring. Approximately twenty-five people volunteered to go on stage and become hypnotized. The participants described the feeling of being hypnotized as “extremely relaxing and helped them remain in the present moment.” This is a skill called “Mindfulness” that is being taught to help people cope with depression and anxiety. Hypnosis combines both laughter and mindfulness, which are two tools that help one’s mood.

When combined with other modalities such as medication and therapy, it can really make a difference in helping a patient reach their goals. I have found it extremely helpful for my

patients. Some of the areas that I refer a patient for Hypnosis would be: anxiety, depression, smoking, weight loss, fears or phobias, insomnia and pain.



The members of the Coalition would like to thank Craig Caliciotti, who is also a Coalition member, for all the time and effort he put into this fundraiser. He has been a great addition to the Mental Health Coalition. In addition, a special thanks to Craig's wife, Jodi Caliciotti, a teacher in Clarkstown schools, who had many of her students attend the show. Their generosity in giving both their time and hard work is well recognized and appreciated!

If anyone would like to contact Craig Caliciotti for Hypnosis sessions, call him at (845) 323-2766. He also has a website, Rockland Hypnosis Center. If you want to make a change in your life, this is an experience you don't want to miss!



## Background

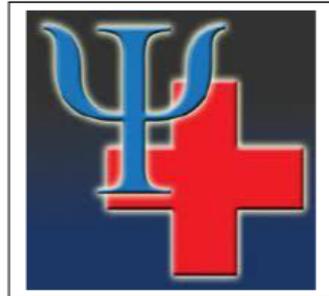
In an effort to mitigate the emotional and psychological effects experienced by survivors, their families, and relief workers in the aftermath of a disaster, the American Red Cross has provided crucial Disaster Mental Health (DMH) services since 1992.

Red Cross DMH assistance relies on Chapter recruitment, training, and retention of mental health professionals to provide services throughout the entire Disaster Cycle; Preparedness, Response, and Recovery.

DMH workers must possess the professional skills that enable them to work with diverse populations; assess and triage an individual's emotional, behavioral and psychological reactions and provide appropriate level of support and intervention as described in *Disaster Mental Health Fundamentals*\*

Disaster Mental Health interventions include the following activities:

- ❖ Psychological Triage
- ❖ Crisis Intervention
- ❖ Assessment
- ❖ Behavioral Health Surveillance
- ❖ Education
- ❖ Public Mental Health Messages
- ❖ Casualty Support
- ❖ Problem Solving
- ❖ Advocacy
- ❖ Referrals to other levels of care



## Community Partner Groups

The American Red Cross Community Partner Program trains volunteer teams from local community and faith based organizations in disaster relief so they can support their community during emergencies as well as be deployed to disaster sites in the NY area. Partner Group Volunteers can support emergency relief operations such as large scale fires, floods, hurricanes etc...

## What is Required?

- Recruit volunteers for the team.
- Coordinate a training schedule & identify training sites. We offer flexible schedules.
- Designate a team leader that the Red Cross can communicate with. The lead would be responsible for coordinating the rest of the team.
- Complete on line Red Cross Volunteer Application
- Read and sign policy consent forms
- Initiate and pass on line background check
- Attend Disaster Services Overview and Disaster Mental Health Fundamentals classes
- Have a Red Cross ID photo taken

*DMH professionals are expected to work within their areas of competence when serving the American Red Cross. The licensing of mental health professionals is determined by individual states or U.S. territories whose regulations must be followed by the Red Cross.*

\* *Disaster Mental Health Fundamentals* - National Red Cross training offered in a classroom or Webinar.

# CORRESPONDENCE

*(Editors note: I vowed when I started this publication to publish anything sent to me. Please send me announcements, news, notices, rumor, recipes, innuendo, ads etc).*

## **Edgar Allan Poe: His Tragic Life and Lasting Legacy**

Syed Abdullah, MD

Edgar Allan Poe was born in Boston in 1809. After a tumultuous life and a promising literary career, he died at the age of forty. He was a poet, a short story writer, a master of the macabre and a critic of repute. He found employment in reputable journals and newspapers but was unable to hold these prestigious positions for any length of time. He enrolled in the army but later contrived to drop out as the discipline was too much for his wildly restless life style and heavy drinking.

Both his parents were stage actors and died early in his life. He was brought up by the wealthy family of Mr. John Allan. Over the years his relationship with the Allans soured into an unpredictable pattern of love and hate, acceptance and rejection. This contributed to the unstable life style of the young genius.

Edgar Allan Poe's acceptance by the American readers remained lukewarm and the publishers were forever leery of investing in his writings. This led to much distress to the young writer as he sank deeper in debt and became more prone to heavy drinking. But his style was much appreciated in Europe and influenced many writers of short stories and poems. In Russia, France and Germany the short story carried the definite impact of Poe's style and substance. There was a two-way exchange between some of the European writers and Poe. Charles Dickens had written to Poe advocating the practice of writing fiction backwards. Poe, in his "*The Philosophy of Composition*" wrote "the ending should be written first."

In 1844 he moved to New York City and worked with the Broadway Journal of which he became the sole owner. By 1846 the Journal folded and Poe moved to live in the Fordham section of the Bronx where his cottage still stands at the corner of the Grand Concourse and Kingsbridge Road. It is said that he composed *The Raven* while living in the Upper West Side in Manhattan.

His legacy includes a significant influence on world literature especially in horror fiction, crime fiction and detective fiction. His literary criticism was a trend-setter that endured through the rest of the nineteenth century and into the present times. George Bernard Shaw praised Poe's style in literary criticism calling him "the greatest journalistic critic of his time." Alfred Hitchcock admitted that Edgar Allan Poe was a major influence in his suspense-film making. He also influenced the writings of Oscar Wilde, Fyodor Dostoevsky, Robert Louis Stevenson, Arthur Conan Doyle, Jorge Luis Borgess and many other eminent authors. The popular TV series *Addams Family* was inspired by Poe. Actor John Astin, who has a remarkable resemblance to Poe, and acted as Gomez in the series, has starred in a one man show based on Poe's life and works: *Edgar Allan Poe: Once upon a Midnight*. Actor Vincent Price played in many films

based on Poe's stories like *The Pit and the Pendulum*, *The Masque of the Red Death*, *The Tomb of Ligeia* and *The Oblong Box*. Even in video games the presence of Edgar Allan Poe is noticeable. In the Nintendo series *The Legend Of Zelda*, the ghost-like beings are called Poes. The United States Navy commissioned a vessel named after him: the USS E. A. Poe. Thus the much-ignored writer in his lifetime is remembered today by people in the most endearing ways.

His interest in cryptography has remained popular in the contemporary magazines and newspapers. It's more complex form is said to have been used during world wars I and II to crack enemy secret codes.

Poe had suffered from bouts of depression over the years and is reported to have attempted suicide on several occasions. His wife Virginia died in January 30 1847. Following her death Poe became more despondent and drank excessively. On October 3, 1849, he was found delirious and confused on the streets of Baltimore. He was admitted to the Washington College Hospital where he died in the early morning of Oct 7 1849 at the young age of 40. He did not become coherent enough to explain the circumstances of his condition. The exact cause of his death was never discovered.

## Scroll down for more:

WHAT YOUR CURRENT POLICY MIGHT BE LACKING:

# A STRONG DEFENSE

Of course we hope you'll never need our claims expertise, but if you ever report a claim we are with you every step of the way, whether it's simply an adverse event for which you need legal guidance or a lawsuit requiring a robust full-court defense.

Take comfort that you will have our full support working closely with you, your defense counsel, and experts to vigorously protect and defend you.

View our 2013 claims results at [www.PsychProgram.com/Claims](http://www.PsychProgram.com/Claims) and see for yourself how our strong defense can work for you.

**Dave Torrans, II**  
Senior Litigation Specialist, PRMS

Call us (800) 245-3333  
[TheProgram@prms.com](mailto:TheProgram@prms.com)  
[LinkedIn.com/company/PRMSprograms](https://www.linkedin.com/company/PRMSprograms)



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Outpatient practice and office available. Goshen, NY. Medicare and established workers' compensation; no other insurance. School, employer, and forensic evaluations. Will introduce to referring parties.

Office building on two private acres. Three consulting rooms, reception area/business office on first floor; full kitchen, full bath, and two additional rooms on second floor. Ample parking and two car garage. Handicapped access.

Inquiries: John J Lucas, MD, FRCPC [845.469.3123](tel:845.469.3123)

## **Valley Behavioral Medicine**

We are seeking a BC/BE part-time Psychiatrist to join our established group practice as an independent contractor. Excellent financial opportunity. Our facility is located in Goshen, Orange County, New York. Interested candidates should fax their CV & cover letter to: 845-294-3785.

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## **Psychiatry/Psychotherapy Office for Rent**

Saturday all day, Sunday after 10:30

Route 45, Pomona

Shared Waiting Room, Wheelchair Accessible, Wall-to-Wall Windows,

Private Bath, Full Sound Insulation, Separate Entrance/Exit

Call Lorraine Schorr, MSW 354-5040

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## **Depression Support Group**

Depression support group meets 2 times a month in Pomona, NY. We are inviting new members at this time. We are moderated by a clinical social worker. This is not a therapy group but social support for people fighting depression. Call Kathy for more information (914) 714- 2837.

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## **Rockland County Depression and Bipolar Support Alliance**

peer-to-peer run support group for people with depression, bipolar disorder, anxiety disorder or any related mood disorder & their friends & family. The support group meets every Thursday night from 6:30 - 8:30 at St. John's Episcopal Church, located at 365 Strawtown Road in New City. Reservations are not required. There is no fee for attending the support group meetings. This is a very warm and welcoming group run by people who have been there and can help. Any questions please call Leslie or Leonard at 845-837-1182.

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## Psychiatrist – Outpatient Services - Part Time

### Job Snapshot

Location : 25 Hemlock Dr, Congers, NY 10920  
Employee Type : Part-Time  
Industry : Not for Profit - Charitable  
Manage Others : No  
Job Type : Nonprofit Medical / Social Services  
Education : Doctorate  
Experience : 2 years  
Post Date : 5-6-2014

### Contact Information

Ref ID : 050212-SJR

### Description

ARC Health Resources, a division of ARC of Rockland, provides primary care, mental health and long term therapies to individuals with developmental disabilities. Our mission is to make available to individuals with developmental disabilities, circumstances and opportunities that will lead to an ever improving quality of life which will allow them to participate fully in society's mainstream.

### About the Opportunity:

We are currently seeking a part-time Psychiatrist for our outpatient clinic operation. The Psychiatrist will render psychiatric, medication management & coordination of care services. ARC HealthResources carries the professional malpractice insurance for our psychiatric providers.

### Requirements:

The candidate will possess an M.D. degree from an accredited school of medicine, licensure from the New York State Department of Education & active DEA registration for prescribing psychotropic medications. The successful candidate will have experience in an outpatient setting with the population served; have an excellent 'bedside manner'; capability of communicating effectively with the individual, staff and families; possess strong computer skills to facilitate use of an EMR for documentation, e-prescribing, etc. Strong organizational and time management skills a plus.

### Specific Tasks Include:

1. Deliver quality health care through proper diagnosis and treatment of patients.
2. Provide adequate and appropriate follow up, documentation and communication with patients, family members and support staff while complying with all State and Federal regulations.
3. Assist with development of an organizational and administrative structure that assures adequacy and quality of care.
4. Adhere to and enforce all, State and Federal guidelines related to patient care and corporate compliance.

Please send your resume in confidence to [\[Click Here to Email Your Resumé\]](#) or fax (845) 267-2364.

### AN EQUAL OPPORTUNITY EMPLOYER

ARC of Rockland, *Creating a Lifetime of Abilities for People with Disabilities.*

For more information on ARC of Rockland, please visit our website at [www.rocklandarc.org](http://www.rocklandarc.org)



## **Mental Health Association of Rockland County**

*Connecting people. Educating families. Rebuilding lives.*

Karen Nolan 845-398-6572

**Date:** March 3, 2014  
**Job Title:** Medical Director  
**Program:** Medical Services  
Full/Part Time

**Responsibilities:** Coordinates, provides and ensures mandatory compliance of all Medical policies and services of the agency's direct medical programs. This position provides professional (and clinical) supervision and leadership to medical staff and medical and psychiatric clinical services to individuals recovering from mental illness and/or substance abuse. The Medical Director conducts physical assessments, determines physical health needs, provides treatment and counseling; performs diagnostic assessment to evaluate medication and overall health needs of clients; prescribes medication in order to eliminate or reduce symptoms using safest possible products with fewest side effects; monitors clients for side effects of medications; provides medication education to all individuals seen and engages them as partners in the treatment process; stays abreast of current information on both new and older medications; consults with patients, their families, and other interested persons to interpret clinical findings and provide coordinated care; conducts group and family therapy sessions; participates in meetings as needed; executes paperwork requirements including documentation of all clients and collateral contacts, referral forms, entitlement reviews and annual psychiatric evaluations in a timely manner; schedules and provides backup for other program physicians, evaluating designated clients in emergency or during vacations; and additional related duties as assigned.

**Requirements:** Possession of a license to practice medicine, issued by NYS and completion in an approved residents training in psychiatry. Administrative experience in a mental health, clinic or related program preferred. Must obtain a federal DATA 2000 waiver (buprenorphine-certified) within four months of employment. The Medical Director will also need to have or obtain a board certification in addiction psychiatry or the equivalent from either: the American Board of Medical Specialties, the American Society of Addiction Medicine, American Board of Addiction Medicine, or the Addiction Medicine from the American Osteopathic Association. Experience working with a diverse population and experience as a psychiatrist in a mental health, clinic or related program preferred. Computer skills and familiarity with WORD, EXCEL and other software programs required. A current driver's license is required. If interested please send resume including salary requirements and full or part time interests to:

**Mental Health Association of Rockland County, Inc.**  
**Attention: Human Resources**  
**140 Route 303**  
**Valley Cottage, NY 10989**  
**Fax #: 845-267-2169**  
**E-Mail: [dumontn@marockland.org](mailto:dumontn@marockland.org)**



**Mental Health Association  
of Rockland County**

*Connecting people. Educating families. Rebuilding lives.*

**Date:** March 3, 2014

**Job Title:** Psychiatrist(s)  
**Program:** Medical Services  
Full/Part Time

**Responsibilities:** Performs diagnostic assessments to evaluate medication and overall mental health needs of clients in a busy and culturally diverse recovery program; prescribes medication; monitors clients for side effects of medications; provides medication education and engages clients as partners in the treatment process; stays current on both new and older medications and incorporates this knowledge into treatment; consults with patients, their families, and other interested persons to interpret clinical findings and provide coordinated care; conducts group and family therapy sessions; participates in treatment planning meetings and meets with other clinical and treatment staff for case review and input; orders medical lab tests and health referrals as needed; executes paperwork requirements including documentation of all clients and collateral contacts, referral forms, entitlement reviews and annual psychiatric evaluations in a timely manner; provides backup for other program physicians as needed; and additional related duties as assigned.

**Requirements:** Possession of a license to practice medicine, issued by the State of New York and completion in an approved residents training in psychiatry. Experience working with a diverse population and experience as a psychiatrist in a mental health, clinic or related program preferred. Strong written, verbal, and organizational skills needed. A current driver's license is required. If interested please send resume including salary requirements and full or part time interests to:

If interested please send resume to:

**Mental Health Association of Rockland County, Inc.**  
**Attention: Human Resources**  
**140 Route 303**  
**Valley Cottage, NY 10989**  
**Fax #: 845-267-2169**  
**E-Mail: [dumontn@mharockland.org](mailto:dumontn@mharockland.org)**